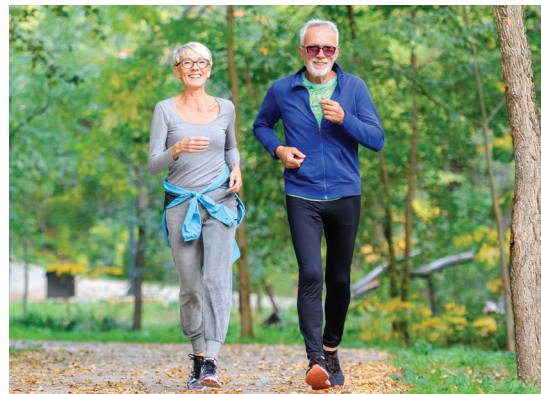




# ORTHOTIC HOUSE



Lead Your Life Without Limitations

Precision Orthotics | No Guesswork | Just Lasting Comfort





## Our story

Why orthotics matter/Our team



## Lower limb care

Hip | Knee | Custom Insoles | Bracing



## Upper limb care

Wrist | Elbow | Shoulder bracing



## Compression Therapy

Medical compression garments  
Travel & sports stockings



## Paediatric

AFOs | Cranial helmets | DAFO/SMO



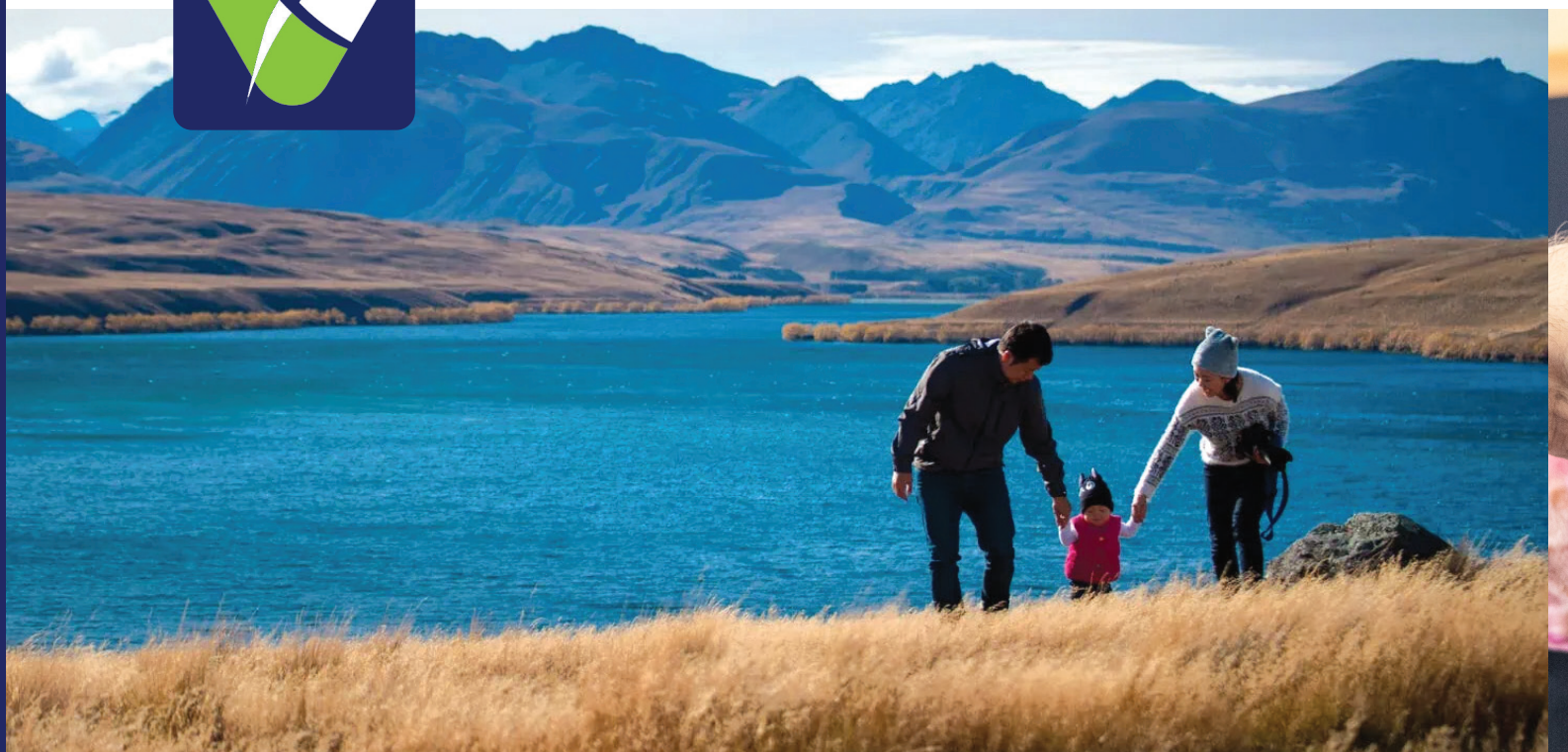
## Orthotic Footwear

Comfort | Protection | Performance



## Referral essentials

How to refer | The patient referral process  
Community Outreach Clinics  
Coming to see us



## Our story

### Built on Care, Backed by Generations

Orthotic House was founded on a legacy of care. As a third-generation orthotist-led practice, we've been proudly delivering trusted, clinically-led orthotic services for over 20 years. We believe in empowering mobility, reducing pain, and improving lives – one step at a time.

Today, we work closely with ACC, hospitals, GPs, and allied health professionals across the country to ensure patients of all ages receive personalised, evidence-based orthotic care. Whether it's a child's first AFO or complex post-surgical bracing, our mission is to support movement, independence, and wellbeing at every stage of life.

## Our Values



### **Clients First**

You are the reason for everything we do.



### **Trusted Partnerships**

We are here to listen, collaborate, and walk alongside you in your health journey.



### **Making a meaningful difference**

Our work is more than a service, it's about helping people move with confidence, comfort and independence. That's what drives us everyday.



### **Excellence in every detail**

We take pride in doing things well from the big decisions to the small touches.





# Why Orthotics Matter

At Orthotic House we believe that:

Orthotic devices aren't just add-ons – they're transformative tools. Whether it's helping to restore mobility after injury, managing a chronic condition, or preventing future harm, orthoses play a vital role in maintaining comfort, function, and independence.

We help patients move better, recover faster, and live with less pain – by designing orthoses tailored to their bodies, conditions, and goals. From custom foot insoles to complex spinal bracing, our devices support real-life needs with clinical precision.

## Who we help



50+ Seniors



New & Expectant  
mums



Children



Sports Groups



Travellers



## Meet the Experts Behind the Care

Our team of orthotists, technicians, and support staff bring deep clinical expertise, warmth, and innovation to every patient interaction. Our orthotists are NZOPA-registered and work in alignment with international best practices. With our in-house workshop and multi-disciplinary partnerships, we don't just fit orthoses – we fit lifestyles.

See full team bios at [www.orthotichouse.co.nz/about-us](http://www.orthotichouse.co.nz/about-us)





## Lower Limb Care

Orthotic House provides specialist support for foot and lower limb issues such as plantar fasciitis, diabetic ulcers, arthritis, fractures, and soft tissue trauma. Our orthotists craft custom solutions including insoles that redistribute pressure and improve alignment, footwear that accommodates complex foot shapes, and braces that aid post-operative recovery and joint stability.

These interventions are ideal for a wide range of patients – from elderly individuals needing fall-prevention support, to athletes recovering from ligament injuries.





## Upper Limb Care

We address upper limb conditions including carpal tunnel, tendonitis and fractures through stabilising and functional braces. These support healing, reduce pain, and promote mobility while being tailored for comfort and daily use.





# Compression Therapy

Our compression services help manage lymphoedema, varicose veins, DVT risk, post-surgical swelling and travel-related circulation issues. We supply and custom fit medical-grade arm sleeves, travel sleeves and stockings, and other garments to improve circulation, reduce inflammation, and optimise recovery. All fittings are performed by qualified orthotists to ensure precision and safety.





## Paediatrics

Children with neurological, developmental, or orthopaedic needs are supported with custom-fitted orthoses, including cranial helmets. We prioritise functional outcomes, comfort, and fun designs, working closely with families to support mobility and independence through each growth stage.

Our AFOs are available in child-friendly designs and colours, helping children feel confident and engaged in their treatment.



# Orthotic Footwear

At Orthotic House, we understand that footwear can make or break the success of an orthotic prescription. Ill-fitting or unsuitable shoes can compromise patient outcomes, delay recovery, and increase the risk of complications. That's why we provide medical and custom footwear solutions designed to integrate seamlessly with orthoses, support rehabilitation, and protect vulnerable feet.

Our orthotists work closely with referrers to ensure every patient receives footwear that meets their clinical needs, whether that means accommodating complex foot shapes, AFOs, or significant deformities. We can supply fully custom-made footwear, modify off-the-shelf shoes, or provide specialist protective options for high-risk patients such as those with diabetic neuropathy, arthritis, or post-surgical wounds.





# Referral Essentials

How to refer | The patient referral process

Community Outreach Clinics | Coming to see us

Referrals can be made directly by GPs, physiotherapists, and surgeons.

## ACC Patients

- Patients covered under ACC can be referred directly to Orthotic House.
- Our team manages approvals with ACC to ensure seamless service.

**DHB Patients (Midland Region):** Patients can be referred directly via BPAC, healthlink, our website or a physical referral form.

**DHB Hawke's Bay Region:** In Hawke's Bay, all public funding referrals must be submitted through contracted DHB referrers.

## Private Patients

No referral is required. Patients may contact us directly to book an appointment

Referral form and clinic resources are available at:

<https://www.orthotichouse.co.nz/referral-form/>



# The Patient Referral Process



Our team includes experienced, medically trained orthotists and skilled technicians. Devices are custom-fitted during patient appointments, ensuring the best clinical outcomes. We maintain an on-site workshop dedicated to design and fabrication, allowing our team to produce high-quality, tailored orthotic solutions. Routine appointments are available on an ongoing basis, with same-day triage for urgent cases. Follow-ups and adjustments are included as part of our service, ensuring your patients receive seamless ongoing support.





# Community Outreach & Innovation

We extend care through regular clinics in Rotorua, the Lakes District, Te Kuiti, Huntly, Thames, Waipukurau and beyond. Our orthotists support daily hospital rounds (ICU, paediatrics, elderly care) and participate in multidisciplinary clinics.

We collaborate with surgical teams, physiotherapists, occupational therapists, paediatric and neurological services, and community clinics to deliver impactful outcomes. Our innovation ranges from specialist footwear solutions to the design and fabrication of completely bespoke orthoses. In-house manufacturing enables quick, tailored solutions for both standard and highly complex cases. Our history of innovation includes transformative patient stories – from toddlers regaining mobility to seniors avoiding falls.

We welcome opportunities to serve new communities and partner with healthcare providers. If you see an unmet need for orthotic care in your area, we'd love to discuss how we can help.





# Coming To See Us

## Orthotic House Clinics

### Hamilton Clinic

60 Lake Road, Frankton,  
Hamilton 3204  
07 838 0606  
[info@orthotichouse.co.nz](mailto:info@orthotichouse.co.nz)

### Hastings Clinic

1011-1013 Heretaunga Street West, St  
Leonards, Hastings 4120  
06 870 3736  
[hastings@orthotichouse.co.nz](mailto:hastings@orthotichouse.co.nz)

If you have questions, or would like a clinical discussion before referring,  
our team is happy to help.

**Explore more:** [www.orthotichouse.co.nz](http://www.orthotichouse.co.nz)

Supporting an Active Life – Manaakitia te ora ngā manahau



Supporting an active life - Manaakitia te orange manahau

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